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## **Welcome To Billiards Planet 7 Part Basic Training!**

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This first lesson will cover some basic fundamentals of Pool and Billiards. You will receive your second lesson in 6 days. You will receive an additional lesson every 6 days until the 7 lessons are complete.

If you experience any difficulty or confusion, please contact by email.

Send Email request Here!  
<mailto:ted@pool-billiards-game.com>

The first and one of the most important things to cover is Your State of Mind. You must get yourself in a relaxed and confident state of mind.

This is extremely important in competition. By learning to control your state of mind in practice as well as in serious play it will become a habit. Pool is a strange game as far as the mental aspects go. The best players can miss the easiest shots in the blink of an eye.

This usually boils down to a simple lack of focus. It is very easy to let your mind wander or simply Freak Out while performing a shot.

You will find that as your knowledge and skills advance Your confidence level will follow. This happens When you know the basics and you can control your cue ball fairly well. This course will provide the information necessary for you to practice in the proper manner.

It doesn't matter how much you read or know. Practice is the only way for you to master these skills. You must bring concentration and focus to your practice routine. This will make it second nature when playing for the real thing. (Tournament, League, Cash, Etc...)

The second thing to know in order of priority is basic fundamentals. This involves stance, bridge, stroke and even how you hold your cue. We will cover all of these in detail throughout this 6 part course.

Today we will cover how you hold your cue and the mechanics of your stroke in part one. Follow this link and scroll down the page to find pictures with instructions in text.

<http://www.pool-billiards-game.com/pool-tips.html>

Part 2 will explain how to hold Your Cue with Your Bridge Hand, and some advice on how to stand and Aim. Follow this link and continue.

<http://www.pool-billiards-game.com/online-billiards-tips.html>

Click this Link for Part 3 = Bridge

<http://www.pool-billiards-game.com/pool-billiards-instruction.html>

This will give you enough basic information to start practicing. Practice these fundamentals for the next 6 days. You will need to understand them for the following lessons to work.

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## Email Number 2 Lessons

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In your first lessons you learned the proper way to hold your cue, stand, and line up. If you are a new player, this would be a lot of information to absorb.

This second lesson will be short and sweet. You must learn to develop a straight stroke. We will cover a couple of exercises for developing a straight stroke.

You can then practice these exercises while you continue to work on the Fundamentals from part 1 (first email).

It is vital to develop the habit of holding your cue, standing and lining up in the correct manor. Be sure and focus on these fundamentals now and always when you play and practice.

The first exercise in todays training is simply to line Your Body up while Holding Your Cue correctly and aim over the seam of the felt and the Rail. Practice moving or swinging your arm back and forth as you would when getting ready to take a shot. Then deliver your stroke straight with follow through. Your cue shaft should cover the straight line seam in the rail.

You can also place a pop bottle Down the table a bit and practice stroking the shaft of your cue into the small opening on the neck of the bottle.

You can check out the illustration and special directions by following the Link Below.

Follow this link for part 1 of Todays lesson, Straight Stroking Exercises.

<http://www.pool-billiards-game.com/pool-instruction.html>

The second exercises is to start from the middle spot on

the Head string. (refer to website link) Aim for the middle diamond on the bottom rail. Shoot Your Cue ball into this middle point on the bottom rail. This should put your cue ball on a straight line down the center of the table.

Practice your fundamentals as you shoot. Follow through all the way and stay down on the shot.

Leave your shaft extended on the table. The cue ball if hit straight and center should come right back and hit your cue tip center.

Practice this until your cue ball travels the length of the table hitting the bottom rail and then straight back to the cue tip. When you can do this every time, You have a straight Stroke.

The link Below will take you to a site with illustrations on this drill.

The next drill is to simply shoot balls into the pocket. This does NOT mean hitting the cue ball into balls. It means simply shoot balls hitting them with your cue while standing and stroking correctly and shooting them in the pocket.

Do this until you can make at least 100 in a row. Make sure they are long shots. The length of the table is best.

You can follow the Link below for Pictures and explanations on todays lessons.

Follow this link for full details on part 2 of todays lessons.

<http://www.pool-billiards-game.com/pool-school.html>

This concludes todays lesson.

Practice these drills over the next six days.

You will get the next lesson much easier if you learn this.

This course is designed to take you from beginner to intermediate player, quickly.

Have you ever Run a Rack?

Practice these lessons an you soon Will.

That's it for now.

May You Run Your First Rack Soon,

Ted Mauro

<http://www.pool-billiards-game.com>

Follow this link to pool-billiards-game Home Page

<http://www.pool-billiards-game.com>

Discover "Billiards Planet" (Monthly Ezine). Pool and Billiards information delivered to Your Email Box. News, Stories, Insight, Tips and Instruction. Follow this Link and Subscribe Free.

<http://pool-billiards-game.com/billiards-planet.html>

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### **Email Installment Number 3 Lessons.**

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In the first 2 installments You learned.

How to hold Your Cue.

How to Stand.

How to Develop a Straight Stroke.

Today We will work on the 3 Basic Shots in the Game.  
These are Stop, Follow and Draw.

Stop means just what it Say's. Hit the Object Ball  
and the Cue Ball Stops!

Follow will produce the Cue Ball Following Object Ball.

Draw will make the Cue Ball Back up off Object Ball.

Today we will cover straight in shots only. This  
means the Cue Ball, the Object Ball and the Pocket  
are all lined up Straight.

The Cue ball will Not Stop Dead unless You are  
Hitting the Object Ball Full and Straight in. If  
there is any Cut involved, the Cue Ball will travel  
straight on the Tangent Line with a Stop Stroke.

We will be covering the Tangent Line Next Week.

For now just Focus on Straight in Shots.

The Cue Ball will Not Follow or Draw Straight on cut shots either. It will however Follow above the tangent line or Draw below it. (Next Weeks Lesson!)

Follow the Link Below for diagram and Full Lesson.

This Link! For 7 part Billiard-Instruction, Fundamental Basic Training Installment 3 - Lesson 1.

<http://www.pool-billiards-game.com/billiard-Instruction.html>

This Link! For 7 part Billiard-Instruction, Fundamental Basic Training Installment 3 - Lesson 2.

<http://www.pool-billiards-game.com/billiards-instruction.html>

This concludes todays lesson.

Practice these drills over the next six days.

You will get the next lesson much easier if you learn this.

This course is designed to take you from beginner to intermediate player, quickly.

Have you ever Run a Rack?

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That's it for now.

May You Run Your First Rack Soon,

Ted Mauro

<http://www.pool-billiards-game.com>

**Just wanted to send you a quick note.**

You should now have received 3 of the 7 Billiards fundamental lessons. Are you caught up on the course?

You subscribed to the course because you wanted to improve your game. Find the time to absorb the material and get to a pool table so you can implement the knowledge.

This is like riding a bike. Once you learn these fundamentals and make them a habit, they will stay with you for life.

I have a friend who hadn't played pool in 15 years. Twenty years back we learned the fundamentals together. My friend started playing on our APA league a while back and he wins about 95% of his matches.

Solid fundamentals will stay with you for life once you learn them and make them a habit. I know that you will never regret it and always be pleased with your decision to learn.

That's it for now.

To your run out success,

Ted

PS:

Do you like pool and billiards pictures, posters and art work? Check out this page using the link below.



<http://www.pool-billiards-game.com/billiardsposter.html>

**Welcome to part 4 of Pool and Billiards  
Fundamentals Basic Training.**

Have You practiced what You learned  
in the First 3 Lessons?  
Are the fundamentals becoming  
more comfortable yet?

I can't stress the Importance of  
Practice enough. Practice is the one and only  
most important thing when it comes to  
improving Your Game.

You need the knowledge of the Fundamentals  
and the techniques. You must learn how to  
utilize them or they will not help You.

Playing Pool is good.  
Practice Your fundamentals when You Play.  
Dedicated Practice is how You can  
dramatically improve Your Game.

Dedicate some regularly scheduled practice  
times for Your benefit and find out how  
much You can improve quickly.

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Lesson # 4, English And Deflection!  
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The lesson for today will introduce You to English. English refers to the spin which the Pool Cue

Tip implants on the Cue Ball. If you recall we did an exercise where You shot the Cue Ball straight down the table and it came back to rest against the tip of Your Cue.

When shooting this shot You were using Center English. Today we are going to practice and learn about right and left English.

Using the same set up as in the stroke the Cue Ball straight drill, and shooting the Cue Ball straight down the table, into the center diamond.

This time apply about a cue tips width of right English.

Your Cue Ball will come off the bottom rail to the right. The degree of angle will depend on the amount of spin and ball speed.

You can then apply Left English and the Cue Ball will deflect to the left.

You can visit the Website for Pictures and the Conclusion of this lesson.

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Follow this Link to email installment #4 lessons.

<http://www.pool-billiards-game.com/billiard-drills.html>

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Give some serious thought to the Practice Investment. It is the best investment You can make in Yourself. Get Your Cue Ball spin under control over the next 6 lessons.

This will help You with lesson #5.

That's it for Now  
To Your Run Out Success!

Ted Mauro

<http://www.pool-billiards-game.com>

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This link will take you to Billiards Planet! Check out our  
Monthly stay in touch E-Zine. Subscribe for Free Now!

<http://pool-billiards-game.com/billiards-planet.html>

## **Welcome to part 5 of Pool and Billiards Fundamentals Basic Training.**

Have You practiced what You learned  
in the First 4 Lessons?

Are the fundamentals becoming  
more comfortable yet?

Yes it's true as stated in the last lesson,  
Practice is Key.

Today We are going to cover the Tangent Line.  
Practice this lesson until You always know  
where the Cue Ball is going.

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Lesson # 5, Tangent Line.  
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The lesson for today will introduce  
You to the Tangent Line.

The Tangent Line is the path which the Cue Ball will take after contacting the Object Ball.

With a 1/2 Cue Tip width (5 to 8 millimeters) below center of the Cue Ball and a good stroke it should follow straight on the line between the contact point.

If You put Lower English on the Cue Ball and have a good straight through the Ball Stroke, You can pull back from the Tangent line and decrease the angle.

Using High English will cause the Cue Ball to travel Forward across the tangent line.

You can visit the Website for Pictures \ and the Conclusion of this lesson.

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Follow this Link to email installment # 5 lessons.

<http://www.pool-billiards-game.com/billiard-schools.html>

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Give some serious thought to the Practice Investment. It is the best investment You can make in Yourself. Get Your Cue Ball Guide under control over the next 6 Days.

This will help You with lesson # 6.

That's it for Now  
To Your Run Out Success!

Ted Mauro

<http://www.pool-billiards-game.com>

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**Part 6 Of 7 Part Basic Fundamentals  
Billiards Training.**

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How are the Fundamentals working  
out for You? Can You stop the  
Cue Ball on straight in shots?

Can You Follow and Draw the Ball?  
Do You have an idea of where the  
cue ball will travel off of a cut shot?

Have You Invested some time for Practice?

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Tangent Line Training Continued.

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Today's lesson is short and sweet.  
This lesson will help You to understand

and implement the tangent line.

Follow the Link Below For Installment  
6 of 7 Part course. Practice these lessons  
repeatedly and Advance Your Game.

To Your Run Out Success!

Ted Mauro

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This Link will take You to part 7.  
"Pool\_Billiards\_Tips"

[http://www.pool-billiards-game.com/pool\\_billiards\\_tips.html](http://www.pool-billiards-game.com/pool_billiards_tips.html)

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I found a cool E-Book on 8-ball the other day.  
You can find out more Here.

<http://www.pool-billiards-game.com/8ballsecrets>

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**Here We are at the Final Installment  
of the 7 part training.**

Did You get the Basics down?  
Did You Find Value in this Free Course?

Your Feed Back would be Appreciated.

I would be Happy to publish any Positive  
Testimonials. Send a pic and I'll  
publish it as well.

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Please send Feed Back and Testimonials Here.

<mailto:ted@tedmauro.com>

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If You are having Trouble with any of  
the Fundamentals that We covered and

need some extra help, You can reply to this email with questions.

Please include Your Phone Number (USA only) and I will give you a call and help You out. If You are not in the USA We can try it through email or Instant Messaging.

Lesson 7 Final lesson.

The final lesson in the series is about putting it all together.

Use the Link Below for Access to part 7 Billiards Fundamentals Training.

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This Leads Straight to part 7.

[http://www.pool-billiards-game.com/pool\\_instruction.html](http://www.pool-billiards-game.com/pool_instruction.html)

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Practice the Fundamentals and Bring them when You Play Pool.

Thanks for taking the Course.

To Your Run Out Success!  
(Unless You are Playing Me) lol

Ted Mauro

ted@pool-billiards-game.com

Well you have now completed the 7 part Billiards Fundamental Training. How about a review?

For your convenience I put together a page which links to all of the fundamental training web pages.

This is a password protected page.

Password : practice

Follow the link below and log in with password (practice)

<http://www.pool-billiards-game.com/poolbilliardstips.html>



Take a quick review. Take these lessons to the table. Make the fundamentals a habit. They will serve you well for life.

To Your Run Out Success,

Ted